

## PARKLAND CLASS RELAUNCH STRATEGY



Parkland CLASS' Relaunch strategy is based on a gradual return to 'normal' activities while still maintaining a level of caution to ensure the health safety of individuals, staff and families. Factors contributing to the plan include, but are not limited to, Provincial Restrictions and guidelines, and Individual risk factors. We are encouraged by the downward trend in positive cases across the agency over the past week and hope that this trend continues. We appreciate everyone's dedication and cooperation to keep our individuals and coworkers safe. We know that without the commitment and dedication of many of you, our experience could and would have been even more challenging than it has been. Let's keep our positive momentum going for the remaining days of winter so that we can look forward to more pleasant days ahead.

### PHASE ONE (1) (March 1, 2022)

- Restrictions Exemption Program ends. No longer need to show proof of vaccination (ie. restaurants) - Ended Feb 9/22
- Masks are still required in public 'indoor' spaces/stores
- Masks are still required when transporting individuals in a vehicle.
- PPE: Masks, Shields and gowns are still required when in the homes
- Training: All training is still being completed virtually with the exception of First Aid, and Medication Administration/ Ergonomics & PPE for new hires.
- Staff Meetings: Are still being held virtually.
- Visitors: Family visits are limited to one family visiting at a time and must be a designated visitor. Visits must be in the individual's bedroom.
- Individuals are permitted to attend indoor activities (ie. restaurants, swimming) while being mindful to limit exposure to large groups or gatherings where possible.
- All COVID cleaning protocols remain in place.
- Daily Screening for individuals and staff is still required.
- Proprietor relief is permitted. However it must be limited to one designated relief person.
- Grocery shopping:
  - Completed on-line for individuals with public trustees, or when in isolation
  - No restrictions for individuals with private trustees
- Isolations (Individual & Home): 5-10 day isolation required.
  - Based on vaccination status
  - Based on ability to mask
  - Based on ability to stay in room
- Rapid testing:
  - Individuals:
    - Individuals will still be rapid tested as required if deemed a potential close contact
    - Only individuals who are **not** fully immunized will be rapid tested upon return from overnight visits with family.
    - Individuals who have tested positive for COVID-19 will not be required to rapid test for at least 21 days to avoid a potential false positive.
  - Staff:
    - Staff who are deemed a potential close contact, but are asymptomatic, will be asked to rapid test on days 1, 3 and 5. (not mandatory)
    - Returning to work: Staff must have **no fever** (without use of medication) and symptoms must be **improved with no new symptoms of COVID-19**.
- Relax Crew will remain closed to activities

**PHASE TWO (2)  
March 15, 2022**

- PPE:
  - Masks will still be required when taking individuals into public spaces/stores.
  - Masks are required at all times when in the home
  - Gowns and shields are required when doing basic person care only. \*Staff may choose to wear these at all times at their discretion
  - N95 masks are required when in isolation situations
- Training: Training will be opened up to in person - class sizes will be limited to **10 participants**.
- Staff Meetings: Will still be held virtually (unless teams are less than 10 people and are held at the Relax Crew where there is space for distancing)
- Visitors: Only one individual's family may visit at a time. No longer limited to designated visitors. Visit can occur in common area.
- Individuals are permitted to attend indoor activities (ie. restaurants, swimming, hockey games, etc). No limitations but be mindful of individual risk factors.
- All COVID cleaning protocols remain in place.
- Daily Screening for individuals and staff is still required.
- Proprietor relief is permitted. No restrictions on the number of approved relief providers, however, limiting relief to one designated person is recommended.
- Grocery shopping:
  - Completed on-line for individuals with public trustees
  - No restrictions for individuals with private trustees
- Isolations (Individual & Home): 5-10 day isolation required.
  - Based on vaccination status
  - Based on ability to mask
  - Based on ability to stay in room
- Rapid testing:
  - Individuals:
    - Individuals will still be rapid tested as required if deemed a potential close contact
    - Only individuals who are **not** fully immunized will be rapid tested upon return from overnight visits with family.
    - Individuals who have tested positive for COVID-19 will not be required to rapid test for at least 21 days to avoid a potential false positive.
  - Staff:
    - Staff who are deemed a potential close contact, but are asymptomatic, will be asked to rapid test on days 1, 3 and 5. (not mandatory)
    - Returning to work: Staff must have **no fever** (without use of medication) and symptoms must be **improved and no new symptoms of COVID-19**.
- Relax Crew will have a gradual re-opening with **limited activities and capacity limits for safety**.

**PHASE THREE (3)  
(TBD)**