

Parkland CLASS Training Schedule 2010



Professional Assault Crisis Training (Pro-Act)

**ALL SESSIONS TAKE PLACE AT THE RELAX CREW CLUBHOUSE
IN THE TRAINING ROOM FROM 9 AM TO 5 PM**

2010

- January 16 & 17 (Saturday / Sunday)
- February 8 & 9 (Monday / Tuesday)
- March 13 & 14 (Saturday / Sunday)
- April 14 & 15 (Wednesday / Thursday)
- May 15 & 16 (Saturday / Sunday)
- July 8 & 9 (Thursday / Friday)
- August 14 & 15 (Saturday / Sunday)
- October 16 & 17 (Saturday / Sunday)
- November 15 & 16 (Monday / Tuesday)
- December 11 & 12 (Saturday / Sunday)

Please Note:

If you cannot attend your registered course, please contact the Training Administrator to reschedule at least four days prior to the course start date. We have a number of employees that are on waitlists for our courses. **Corrective action may be applied for no shows.**

To register contact: Amie Grootjes, Training Administrator
6010 – 45 Avenue, Red Deer, AB T4N 3M4 Phone:(403)347-3333 Fax:(403)342-2677
Email: agrootjes@pclass.org

Last revision date: 6/14/2010

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Standard 1st Aid and CPR (Level C)

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2010

- January 9 & 10 (Saturday / Sunday)
- February 16 & 17 (Tuesday / Wednesday)
- March 17 & 18 (Wednesday/Thursday)
- May 3 & 4 (Monday / Tuesday)
- June 5 & 6 (Saturday / Sunday)
- July 12 & 13 (Monday / Tuesday)
- August 26 & 27 (Thursday / Friday)
- September 25 & 26 (Saturday / Sunday)
- October 21 & 22 (Thursday / Friday)
- November 6 & 7 (Saturday / Sunday)
- December 9 & 10 (Thursday / Friday)

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Standard 1st Aid and CPR (Level C) Recertification

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**If your Standard 1st Aid and CPR has expired, you cannot take the
recertification course.**

2010

- January 8 (Friday)
- February 27 (Saturday)
- March 26 (Friday)
- April 24 (Saturday)
- May 27 (Thurs)
- June 14 (Monday)
- July 6 (Tuesday)
- August 28 (Saturday)
- September 24 (Friday)
- October 23 (Saturday)
- November 2 (Tuesday)

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Aboriginal Cultural Awareness

**ALL SESSIONS TAKE PLACE AT THE RELAX CREW CLUBHOUSE
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Level 1

- January 23 (Saturday)
- March 16 (Tuesday)
- May 12 (Wednesday)
- August 31 (Tuesday)
- October 2 (Saturday)
- December 3 (Friday)

Level 2

- February 6 (Saturday)
- November 27 (Saturday)

Events (Can be applied as any level!)

- April 30 (Friday) – Tipi Teachings @ Fort Normandeau
- September 14 (Tuesday) – Tipi Teachings @ Fort Normandeau

Approved Cultural Events - Level 2, 3 and beyond

In lieu of taking classes, you can attend/take 8 hours of approved cultural events or activities. There is a **supplemental training form that has to be filled out.** You can get this from the Training Administrator. Keep brochures/pamphlets of the event(s) you attended. **Look at the following page to see the types of activities and events that you can do.**

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Aboriginal Activities & Events Sample List

Please note **all events must have a detailed description of what you learned from the experience and a description of the customs that were presented.** Ask Training Administrator for the events form that must be filled out. **Keep copies of brochures/pamphlets of the event(s) you attended** (if applicable), to attach to form.

- Feasts.
- Pow Wows.
- Aboriginal Dance Troupe 2-4 hours.
- Programs on APTN programming.
- Aboriginal experience at Fort Edmonton.
- Head Smashed in Buffalo Jump.
- Museum in Banff.
- Fort Normandeau museum (takes about an hour).
- Drumming activity or making drums.
- Beading.
- Leather work.
- Sweat lodges.
- Gathering herbs (with a person who can teach the significance of herbs).
- Smudging (explaining the significance of it).
- Making dream catchers.
- Sundance's / Round dances.
- Conferences regarding aboriginal issues.
- Teaching on medicine wheels.
- Richard Cardinal Story (1 hour – can be borrowed – ask Training Administrator).
- Any trips where you learn something about the culture and a write-up is completed.
- Any family funerals or family functions of a child or adult where you learn something about the culture.
- Any trips to northern communities for children/adult to see their families.
- Aboriginal entertainment such as Jack Gladstone & Tom Jackson

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Assist: Suicide Intervention

**ALL SESSIONS TAKE PLACE AT THE RELAX CREW CLUBHOUSE
IN THE TRAINING ROOM FROM 9 AM TO 5 PM**

****Classes need a minimum number of participants to go on as scheduled. We will give as much notice as possible if a class needs to be cancelled.****

2010

- January 21 & 22 (Thursday / Friday)
- April 17 & 18 (Saturday / Sunday)
- May 17 & 18 (Monday / Tuesday)
- June 22 & 23 (Tuesday / Wednesday)
- September 9 & 10 (Thursday / Friday)
- November 20 & 21 (Saturday / Sunday)

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Assist: Suicide Intervention Recertification

**ALL SESSIONS TAKE PLACE AT THE RELAX CREW CLUBHOUSE
IN THE TRAINING ROOM FROM 9:30 AM TO 12:30 PM**

****Classes need a minimum number of participants to go on as scheduled. We will give as much notice as possible if a class needs to be cancelled.****

If your Suicide Intervention has expired, you cannot take the recertification course.

2010

- February 18 (Thursday)
- April 12 (Monday)
- June 15 (Tuesday)
- August 18 (Wednesday)
- October 4 (Monday)
- December 16 (Thursday)

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Abuse Prevention and Response Protocol Training

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IN THE TRAINING ROOM**

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give as much notice as possible if a class needs to be cancelled.****

2010

- January 12 (Tuesday) 1pm-4pm
- February 12 (Friday) 9am-12pm
- March 15 (Monday) 6pm-9pm
- April 13 (Tuesday) 1pm-4pm
- May 13 (Thursday) 9am-12pm
- June 9 (Wednesday) 6pm-9pm
- July 5 (Monday) 1pm-4pm
- August 12 (Thursday) 9am-12pm
- September 8 (Wednesday) 6pm-9pm
- October 5 (Tuesday) 1pm-4pm
- November 8 (Monday) 9am-12pm
- December 8 (Wednesday) 6pm-9pm

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Foundations in Community Rehabilitation and Disability Studies Orientation Sessions

Foundations is an independent study. Those employees that are required to take the training will receive a training notice in the mail asking them to attend an orientation. If you have been working for the agency for over 3 months and you have not received a training notice, please call the Training Administrator at 347-3333. All employees who take Foundations are given 16 months to complete. Each employee taking Foundations will be assigned a tutor.

2010

- January 26
- March 30
- April 27
- May 25
- June 29
- July 27
- August 31
- September 28
- October 26
- November 30
- December 28

*****All sessions run from 3:30-4:00pm at the Main Office*****

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Positive Behaviour Supports

Positive Behaviour Supports (PBS) training is a 16 hour (2 day) workshop. The focus of the workshop is on developing a positive and proactive approach for preventing behaviours that cause concern. Topics include the basics of behaviour management, understanding the reasons people with disabilities may have challenging behaviour, and practical and effective strategies for managing behaviours of concern. The training includes essential information on restrictive practices and procedures and how they fit with agency policies and procedures.

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Fetal Alcohol Spectrum Disorder

This 3 hour workshop is an introduction to the concerns and challenges that a person with FASD may experience, including time management and managing money, ownership, sleep and eating issues, sensory concerns and more. The workshop provides practical and informative strategies to help manage these challenges, including structure, supervision, choice making, strategies for managing impulse control, and facilitating communication and transitions. The workshop is based on the "Trying Differently" and "Strategies Not Solutions" models.

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Visual Strategies

This 4 hour workshop is an introduction to visual supports and strategies for positive behaviour management. Visual strategies are an effective, positive, and proactive way to manage behaviour. The morning is presented in a lecture format and the afternoon provides the opportunity for hands on time to create visual supports. The course begins at 9:30 and ends at 2:30. We will break an hour for lunch.

**ALL SESSIONS TAKE PLACE AT THE RELAX CREW CLUBHOUSE
IN THE TRAINING ROOM FROM 9:00 AM TO 3:00 PM
AFTER LUNCH BREAK THE CLASS WILL RESUME AT THE MAIN OFFICE**

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Sensory Integration

This 3 hour workshop provides introductory information about sensory integration concerns. Many people with developmental disabilities experience challenges in integrating sensory information. This workshop will increase your awareness of sensory concerns and provide practical and easy strategies to help manage these concerns and provide support to these individuals.

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