

# *Parkland CLASS Training Schedule*

## *2012*



## **Abuse Prevention and Response Protocol Training**

**ALL SESSIONS TAKE PLACE AT THE RELAX CREW CLUBHOUSE  
IN THE TRAINING ROOM**

**\*\*Classes need a minimum number of participants to go on as scheduled. We will  
give as much notice as possible if a class needs to be cancelled.\*\***

### **2012**

- January 10, 2012 (Tuesday) 1pm – 4pm
- February 9, 2012 (Thursday) 9am – 12pm
- March 14, 2012 (Wednesday) 6pm – 9pm
- April 19, 2012 (Thursday) 1pm – 4pm
- May 1, 2012 (Tuesday) 9am – 12pm
- June 4, 2012 (Monday) 6pm – 9pm
- July 19, 2012 (Thursday) 1pm – 4pm
- August 7, 2012 (Tuesday) 9am – 12pm
- September 5, 2012 (Wednesday) 6pm – 9pm
- October 9, 2012 (Tuesday) 1pm – 4pm
- November 7, 2012 (Wednesday) 9am – 12pm
- December 3, 2012 (Monday) 6pm – 9pm

### **Please Note:**

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To register contact: Amie Grootjes, Training Administrator  
6010 – 45 Avenue, Red Deer, AB T4N 3M4 Phone:(403)347-3333 Fax:(403)342-2677  
Email: [agrootjes@pclass.org](mailto:agrootjes@pclass.org)

Last revision date: December 9, 2011

# *Parkland CLASS Training Schedule* 2012



## **Standard 1st Aid and CPR (Level C)**

**ALL SESSIONS TAKE PLACE AT THE RELAX CREW CLUBHOUSE  
IN THE TRAINING ROOM FROM 9 AM TO 5 PM**

### **2012**

- February 4 & 5, 2012 (Saturday / Sunday)
- March 22 & 23, 2012 (Thursday / Friday)
- April 16 & 17, 2012 (Monday / Tuesday)
- May 5 & 6, 2012 (Saturday / Sunday)
- June 5 & 6, 2012 (Tuesday / Wednesday)
- July 9 & 10, 2012 (Monday / Tuesday)
- August 11 & 12, 2012 (Saturday / Sunday)
- September 11 & 12, 2012 (Tuesday / Wednesday)
- October 13 & 14, 2012 (Saturday / Sunday)
- November 19 & 20, 2012 (Monday / Tuesday)

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## **Standard 1st Aid and CPR (Level C) Recertification**

**ALL SESSIONS TAKE PLACE AT THE RELAX CREW CLUBHOUSE  
IN THE TRAINING ROOM FROM 9 AM TO 5 PM**

**Once Standard 1st Aid and CPR has expired,  
you cannot take the recertification course.**

### **2012**

- January 6, 2012 (Fri)
- February 21, 2012 (Tues)
- March 10, 2012 (Sat)
- April 10, 2012 (Tues)
- May 11, 2012 (Fri)
- June 23, 2012 (Sat)
- July 17, 2012 (Tues)
- August 10, 2012 (Fri)
- September 8, 2012 (Sat)
- October 1, 2012 (Mon)
- November 3, 2012 (Sat)
- December 7, 2012 (Fri)

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## **Professional Assault Crisis Training (Pro-Act)**

**ALL SESSIONS TAKE PLACE AT THE RELAX CREW CLUBHOUSE  
IN THE TRAINING ROOM FROM 9 AM TO 5 PM**

### **2012**

- January 17 & 18, 2012 (Tuesday / Wednesday)
- February 11 & 12, 2012 (Saturday / Sunday)
- March 8 & 9, 2012 (Thursday / Friday)
- April 14 & 15, 2012 (Saturday / Sunday)
- May 7 & 8, 2012 (Monday / Tuesday)
- June 16 & 17, 2012 (Saturday / Sunday)
- July 26 & 27, 2012 (Thursday / Friday)
- August 18 & 19, 2012 (Saturday / Sunday)
- September 17 & 18, 2012 (Monday / Tuesday)
- October 20 & 21, 2012 (Saturday / Sunday)
- November 21 & 22, 2012 (Wednesday & Thursday)
- December 1 & 2, 2012 (Saturday / Sunday)

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## Aboriginal Cultural Awareness

ALL SESSIONS TAKE PLACE AT THE RELAX CREW CLUBHOUSE  
IN THE TRAINING ROOM FROM 9 AM TO 5 PM

### **Level 1**

- January 16, 2012 (Mon)
- March 6, 2012 (Tues)
- May 12, 2012 (Sat)
- September 13, 2012 (Thurs)
- October 15, 2012 (Mon)
- December 4, 2012 (Tues)

### **Level 2**

- February 6, 2012 (Mon)
- October 24, 2012 (Wed)

### **Events (Can be applied as any level!)**

- April 20, 2012 (Fri)
- September 7, 2012 (Fri)

## **Approved Cultural Events - Level 2, 3 and beyond**

**In lieu of taking classes, you can attend/take 8 hours of approved cultural events or activities.** There is a **supplemental training form that has to be filled out.** You can get this from the Training Administrator. Keep brochures/pamphlets of the event(s) you attended. **Look at the following page to see the types of activities and events that you can do.**

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## Aboriginal Activities & Events Sample List

Please note **all events must have a detailed description of what you learned from the experience and a description of the customs that were presented.** Ask Training Administrator for the events form that must be filled out. **Keep copies of brochures/pamphlets of the event(s) you attended** (if applicable), to attach to form.

- Feasts.
- Pow Wows.
- Aboriginal Dance Troupe 2-4 hours.
- Programs on APTN programming.
- Aboriginal experience at Fort Edmonton.
- Head Smashed in Buffalo Jump.
- Museum in Banff.
- Fort Normandeau museum (takes about an hour).
- Drumming activity or making drums.
- Beading.
- Leather work.
- Sweat lodges.
- Gathering herbs (with a person who can teach the significance of herbs).
- Smudging (explaining the significance of it).
- Making dream catchers.
- Sundance's / Round dances.
- Conferences regarding aboriginal issues.
- Teaching on medicine wheels.
- Richard Cardinal Story (1 hour – can be borrowed – ask Training Administrator).
- Any trips where you learn something about the culture and a write-up is completed.
- Any family funerals or family functions of a child or adult where you learn something about the culture.
- Any trips to northern communities for children/adult to see their families.
- Aboriginal entertainment such as Jack Gladstone & Tom Jackson

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# *Parkland CLASS Training Schedule* 2012



## **Assist: Suicide Intervention**

**ALL SESSIONS TAKE PLACE AT THE RELAX CREW CLUBHOUSE  
IN THE TRAINING ROOM FROM 9 AM TO 5 PM**

**\*\*Classes need a minimum number of participants to go on as scheduled. We will give as much notice as possible if a class needs to be cancelled.\*\***

### **2012**

- January 30 & 31, 2012 (Monday / Tuesday)
- March 17 & 18, 2012 (Saturday / Sunday)
- April 25 & 26, 2012 (Wednesday / Thursday)
- June 9 & 10, 2012 (Saturday / Sunday)
- September 26 & 27, 2012 (Wednesday / Thursday)
- November 17 & 18, 2012 (Saturday / Sunday)

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# *Parkland CLASS Training Schedule 2012*



## **Assist: Suicide Intervention Recertification**

**ALL SESSIONS TAKE PLACE AT THE RELAX CREW CLUBHOUSE  
IN THE TRAINING ROOM FROM 9:30 AM TO 12:30 PM**

**\*\*Classes need a minimum number of participants to go on as scheduled. We will give as much notice as possible if a class needs to be cancelled.\*\***

**If your Suicide Intervention has expired,  
you cannot take the recertification course.**

### **2012**

- February 3, 2012 (Friday)
- April 23, 2012 (Monday)
- June 19, 2012 (Tuesday)
- July 13, 2012 (Friday)
- October 11, 2012 (Thursday)
- December 14, 2012 (Friday)

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## **Foundations in Community Rehabilitation and Disability Studies Orientation Sessions**

Foundations is an independent study. Those employees that are required to take the training will receive a training notice in the mail asking them to attend an orientation. If you have been working for the agency for over 3 months and you have not received a training notice, please call the Training Administrator at 347-3333. All employees who take Foundations are given 16 months to complete. Each employee taking Foundations will be assigned a tutor.

### **2012**

- January 24, 2012
- February 28, 2012
- March 27, 2012
- April 24, 2012
- May 29, 2012
- June 26, 2012
- July 31, 2012
- August 28, 2012
- September 25, 2012
- October 30, 2012
- November 27, 2012
- December 18, 2012

**\*\*\*All sessions run from 3:30 - 4:00pm at the Main Office\*\*\***

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## **Positive Behaviour Supports**

Positive Behaviour Supports (PBS) training is a 16 hour (2 day) workshop. The focus of the workshop is on developing a positive and proactive approach for preventing behaviours that cause concern. Topics include the basics of behaviour management, understanding the reasons people with disabilities may have challenging behaviour, and practical and effective strategies for managing behaviours of concern. The training includes essential information on restrictive practices and procedures and how they fit with agency policies and procedures.

**\*Please contact Training Administrator for course dates\***

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## **Fetal Alcohol Spectrum Disorder**

This 3 hour workshop is an introduction to the concerns and challenges that a person with FASD may experience, including time management and managing money, ownership, sleep and eating issues, sensory concerns and more. The workshop provides practical and informative strategies to help manage these challenges, including structure, supervision, choice making, strategies for managing impulse control, and facilitating communication and transitions. The workshop is based on the "Trying Differently" and "Strategies Not Solutions" models.

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## **Visual Strategies**

This 4 hour workshop is an introduction to visual supports and strategies for positive behaviour management. Visual strategies are an effective, positive, and proactive way to manage behaviour. The morning is presented in a lecture format and the afternoon provides the opportunity for hands on time to create visual supports. The course begins at 9:30 and ends at 2:30. We will break an hour for lunch.

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## **Sensory Integration**

This 3 hour workshop provides introductory information about sensory integration concerns. Many people with developmental disabilities experience challenges in integrating sensory information. This workshop will increase your awareness of sensory concerns and provide practical and easy strategies to help manage these concerns and provide support to these individuals.

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